

Amanda Schafer

**Career Strategist and
Executive Coach**



Amanda is a Director of Career Management Group with fourteen years experience as an Executive Coach and Career Strategist, working with people from large and medium size enterprises at both Executive and Middle Management levels. Regardless of the organisation, Amanda's focus is on development of individuals and teams to be better communicators, effective contributors, resilient, motivated and productive in their roles, teams and careers.

Amanda has an authentic, direct coaching approach, with excellent rapport building skills enabling identification of developmental requirements, gaps and barriers and collaboration on a coaching strategy to set and achieve goals. Her delivery involves reflection and preparation either side of sessions, yet is fluid and adaptable to accommodate developments and any surprises that may arise during sessions.

Adding to the richness of learning through experience, Amanda has built upon a Bachelor of Education with several coaching accreditations including: NLP: Neuro Linguistic Programming, LAB: Language and Behaviour Profiling, Level two facilitation of Myers Briggs Type Indicator, Life Coaching and Executive Coaching courses. As an experienced coach across a range of sectors and disciplines she employs a number of different models and tools to assist with personal breakthroughs and the development of individuals and teams.

Amanda believes that individuals who are career empowered perform better in their roles and as Managers with the added consciousness of achievements, brand and personal ROI for the business.